Balaji School of Nursing

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Approved by Govt. of Haryana, DMER & HNRC, Chandigarh

BALAJI GROUP OF INSTITUTIONS

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The Blossoming of a flower

Late Ch. Pritipal Singh Ji

You don't have to be great to start, but you have to start to be great.

CHAIRMAN'S MESSAGE

This institution is run by CH. PRITPAL SOCIETY OF EDUCATION which has a glorious and famous name in technical & nursing education in Haryana.

Our vision is to be the fountain head of new ideas and of innovators in technology and sciences and is committed to play a key role in creating an ambiance for creation of new ideas, knowledge and students who will be leaders of tomorrow.

I feel graceful to God who have given me a chance of serving Nation in the field of technical and nursing education. In doing, so we hope to make significant contributions for the development of the country and the improvement of quality of life its citizens.

Our commitment to be the best has grown to transform our institute into Centre of Excellence. That's why at Balaji Group of Institutions we say,"It is not just education, and it is empowerment."

Come, joint us in this exciting journey.

If you dream and dare, we promise that the institute will nurture and care for you.

ANAND PRAKASH MAHRAN

DIRECTOR'S MESSAGE

Competition is becoming tougher now-a-days. To remain in commanding position, we must enhance our image by focusing on what makes our students successful. Education is the single most tools that shape our development. Keeping this fact in mind, Balaji Group of Institutions was established in 2007 by Choudhary Pritpal Education and Welfare Society.

Our institutions is a premier establishment having qualified faculty with vast experience in the field of nursing.

All the infrastructure required for training of students i.e a 100 beded well equipped Hospital for Practice in day to day training. The guidelines for training like, Anatomy & physiology lab, Fundamental lab, Gyne lab, Community Health Nursing lab, computer lab and a library having full range of books relating to subject matter and medical general along with MIMS, Drug today etc. having a large space with sitting, reading facilities. We have a chain of transport for students coming from far away on minimal charges

Our mission is to nurture the talents of our students to bring out their best and also in process of extension of training field i.e. B.Sc. Nursing, and other advance nursing training programmes.

I invite the admission seekers and their parents to visit Balaji Group of Institutions to see the excellence being provided for the students in achieving success in their career they have chosen.

"To my mind an education institute is not just about bricks, mortar and concrete, but about building character, enriching minds and about enriching experiences that lasts a lifetime."

I look forward to welcome you all.

ATUL MAHRAN

PRINCIPAL'S MESSAGE

Nursing is a profession, systematic, importance and noble career. As a profession, the skill sets and personality profile of the two are not the same. While it is the doctor's task to diagnose the illness, it is the nurses who aid the patients to well being recovery from disease.

Nursing as a profession requires patience, dedication; concern for the sick and service orientation .Nurse requires extensive knowledge of their domain and shoulders a great responsibility. The work can be stressful and exhausting particularly due to the long and odd hours of work.

With the advancement in medical sciences, there has been a constant improvement in the nursing education standards. Gradually as the number as well as the standards of hospitals, nursing homes, private clinics, sanatoriums etc. Are getting upgrade, professionally trained and qualified nurses are very much in demand, creating ample of scope in this profession.

I welcome you to explore the world of nursing through our website and campus you can contact us for more information about the school. We here have a diverse community of teachers all endeavoring to assure "holistic healthcare". I look forward to welcome you to heritage and to share our school with you .To take you the heights of successful carrier and to enrich the qualities of modern nursing in you. We at heritage believe in imparting knowledge and safe future to our students.

PRINCIPAL

Balaji Group of Institutions is situated on Bhiwani-Loharu State Highway about 8 kms from Bhiwani. It is offering its services under the aim of providing best Medical and Engineering education to the rural students. The campus has been developed in an area of 10 acres and has been designed keeping in mind to provide facilities of modern educational institute. Efforts are being made to keep the students in good health and to provide atmosphere congenial to studies. All the infrastructure required for training of students i.e a 100 beded well equipped Hospital for Practice in day to day training.

Objective of GNM Course

Balaji Group of Institutions is committed to educational programmes right from its inception. Balaji School of Nursing is providing Nurses courses like General Nursing and Midwifery (GNM). The vision is to provide skillful & well trained students for a highly important and noble profession.

Nursing is a rewarding career that offers a bright and satisfying future for young persons who have desire to serve people with a caring attitude. As member of a modern health team, nurses render a significant service in the case of sick and in the prevention of illness and injury. Increasing number of nurses are needed to fill responsible position as experts in bedside nursing services, and researchers seeking new and better ways of meeting the nursing needs of patient. Salary and condition of service of nurses are attractive compared to those in other fields of employment with similar educational requirements.

Faculty

The College has a team of dedicated and well-qualified faculty having vast experience. The College also engages experienced Doctors and visiting faculty for teaching allied subjects.

Laboratories & Library

Practical skills is imparted in well-equipped various laboratories Anatomy & Physiology Lab, Fundamental Lab, Gynae Lab, Community Health Nursing Lab, Computer Lab. and a library having full range of books relating to subject matter and modern development in medical science.

Eligibility Criteria :

1. Minimum and maximum age for the admission will be 17 yrs and 35 yrs respectively.
2. Minimum Education :-
   a) 10+2 class passed or its equivalent preferable with science (Physics, Chemistry and Biology) subjects with aggregate of 45% marks.
   b) Those who have cleared 10+2, vocational A.N.M. course (revised after 2001) from school recognized by Indian Nursing Council.
   c) A.N.M. training :- i.e. 10+1 / yrs. training should also have passed or 2 equivalent examination.
3. The student shall be medically fit. A medical check up of every student will be conducted by skilled doctors.

APPLICATION REQUIREMENTS (FOR G.N.M. COURSES)

The applicants are required to obtain the prospectus with admission form from the institute or by post on payment. The admission form filled up must be submitted with all relevant documents within the time limit. Submission of Application

1. Complete application form in every aspect.
2. Three passport size attested photographs and seven non attested photographs.
3. Photostat copy of matriculation certificate duly attested: 4 copies.
4. Photostat copy of 10+2 examination certificate along with detailed marks certificates duly attested: 4 copies (Only for those applying for G.N.M. Course).
5. Photostat copy of Residential certificate duly attested: 1 copy
6. Two self addressed envelops duly stamped.
7. Certificate of SC/ST (where applicable) by the competent authority.
8. Declaration attested by Notary on a stamp paper of Rs. 25/- or more, whichever is available.
9. Legal document in case of a widow, divorced or deserted.
10. H.N.R.C., I.N.C. and institute stipulated criteria and condition for admission will be applicable.

G.N.M. Fees Details

Admission Fees	:	5,000/-
Registration Fees	:	4,000/-
Lab. & Library Fees	:	3,000/-
Amalgamated Fees	:	3,000/-
Building Fees	:	3,000/-
Medical Fees	:	4,000/-
Computer Charges	:	5,000/-
Tuition Fees	:	1,05,000/- (Entire Course)
2nd Year Admission Fees	:	10,000/-
Final Year Admission Fees	:	10,000/-
Practical Training Fees	:	15,000/- (Entire Course)
Examination Fees	:	3,000/- (Entire Course)
Total	:	**1,70,000/-**

Nursing Diploma - Course Curriculum

General Curriculum Plan Incorporating
Minimum Requirements of Indian Nursing Council

FIRST YEAR

	Subjects to be Taught	Hours
1.	**Bio-Sciences** a) Anatomy & Physiology b) Mircobiology	 90 30
2.	**Behaviourial Sciences** a) Psychology b) Sociology	 40 20
3.	**Fundamentals of Nusing** a) Fundamentals of Nursing b) First Aid c) Personal Hygiene	 175 20 20
4.	**Community Health Nursing** a) Community Health Nursing b) Environmental Hygiene c) Health Education and Communication Skills d) Nutrition	 80 20 20 30
5.	**English**	30

SECOND YEAR

	Subjects to be Taught	Hours
1.	**Medical** Surgical Nursing - 1	140
2.	**Medical** Surgical Nursing - 2	120
3.	**Mental Health and Psychiatric Nursing**	70
4.	**Computer Education**	30

THIRD YEAR

	Subjects to be Taught	Hours
1.	Midwifery & Gynaecology	120
2.	Community Health Nursing	100
3.	Paediatric Nursing	70

INTERNSHIP

	Subjects to be Taught	Hours
1.	Educational Methods & Media for Teaching in Practice of Nursing	45
2.	Introduction to Research	40
3.	Professional Trends and Adjustments	40
4.	Administration and Ward Management	45
5.	Health	20

BENEFITS

Nursing is a professional, systematic, noble and important career. You probably might have come across people using these adjectives to describe a doctor's profession, not nursing. People often tend to think that it i those who do not get into medical colleges who settle for becoming nurses. In reality, nursing as a profession, is a highly important and noble one. As a profession, the skills sets and personality profile of the two are not the same. While it is the doctors' task to diagnose the illness it is the nurses who aid the patients on the road to recovery.

In a hospital, right from the general ward to the operation theatre, nursing is the most important component of patient care. When we think of nurses, we recollect recording temperature, administering medicine and dressing wounds as activities they perform. This, however, is only one aspect and not the total picture.

SO WHAT DOES THE JOB OF A NURSE INVOLVE ?

Nursing covers a range of jobs differing in responsibilities depending on the qualification and work environment. There are many specialized fields in the nursing profession. Hospital Nurses Industrial Nurses, Psychiatric Nurses, Operation Theatre nurses, School Nurses, Midwives etc are a few of the specializations. A nurse can work in a variety of settings, ranging from government hospitals, rural clinics, industrial premises to private nursing homes.

Nurses in hospitals and nursing homes constitute a large group of the nurses' community.

The work require close contact with patient suffering from various illnesses, materials, which have to be handled with care, administering a variety of drugs in the right dosages, observation of a patients' progress etc.

Nurses working in shools or industrial houses are engaged in routine check ups, detect symptoms at the early stages and render preventive services and first aid.

Nurses also work with physically and mentally challenged people. The tasks require patience, constant interaction with the patients, understanding them and helping them cope with their conditions. The nurses work in coordination with psychiatrics and doctors to help the patient recover.

WHAT DOES IT TAKE TO BECOME A NURSE ?

Nursing as a profession requires patience, dedication, concern for the sick and service orientation. Nurses require extensive knowledge of their domain and shoulder a great responsibility. The work can be stressful and exhausting particularly due to the long and odd hours of work.

RULES AND REGULATIONS OF THE SCHOOL OF NURSING

1. All the students are required to be punctual and are not allowed to miss class without genuine reason and without prior permission from the class teacher and the principal.
2. Students are expected to observe quietness in the school premises.
3. Each student is responsible to pay all the fees and other dues in time.
4. Students should observe the rules and regulations of the library.
5. Students are not allowed to have visitors during duty hours and in the class hours.
6. Students are required to produce a letter from the parents starting which visitors the students are allowed to meet and the names, addresses and photographs of the persons to whom the student may go when she avails an overnight pass.
7. Students are not allowed to arrange their timings for clinial practice on their own.
8. Sickness should be reported immediately to the warden. Sick leave from duly signed by the Medical Officer must be handed over to the warden and intimation to be given to the principal immediately.
9. No sick student is allowed to stay in room without permission.
10. Students should participate and take initiative for leadership in professional and social activities.
11. Annual leave is granted by the school according to the teaching schedule.
12. Text Books, Uniform, medical check up, examination fee, water and electricity would be charged separately.
13. Mobile phones and other personal items such as walkmans or cameras are not allowed in the classrooms and clinical areas.

DISCIPLINARY ACTION

Students may be dismissed from the institution for disobeying the rules and regulations prescribed by the authorities, misconduct, lack of progress in study, or taking part in any movement to create any kind of disturbance in the school, hospital or hostel. A student using unfair means during class tests or examination will be punished. Students who do not complete the assigned demonstration of procedures in the stipulated time will have to repeat the year

PERSONAL BELONGINGS

Keeping the personal belongings is the responsibility of the individual student. It is not advisable to keep valuables, money jewellery etc. with the student. If the costly articles are found missing, the management will not be responsible for the same. Students are allowed to open bank accounts in their name. Excess money may be handed over either to warden or to the principal.

COUNSELING AND GUIDANCE

Students' personal problems are looked into and necessary counseling and guidance are given by the teachers, and the counselors.

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compulsory for the students to live in
hostel and is required to join the mess.
ss charges are liable to be revised
n necessary to meet the rising cost of
ential commodities and other expense.
mess fee for 6 months is collected
ether along with semester fee. The
lents have one month annual leave
mess charges during the annual leave is not collected.

BSENCE FROM THE HOSTE

Students going out of station shall
mark their absence from the hostel by
signing the register and giving the
correct address and information where
o contact them in case of necessity.
They are expected to be back in time
and report in writing to the authorities.

Out of Station leave will be granted by
he principal on request only after
getting approval in writing from the
concerned tutor on the clinical area.
Students are permitted to approach the
utor to arrange their off duty roster is
rranged. Emergency will be
considered.

The management does not approve of
he pressure from the parents to take
heir daughters for celebrations/prayer
neeting etc. at home. The students are
llowed to have only one day leave for
articipating in the marriage of their
wn sisters/brothers.

The parents may give one local address along with their photographs where their daughters
an stay over night in case of need.

fine will be charged if any student comes late. Late comers must bring written application
om their parents along with the fine. They are allowed to attend classes and clinical practice
nly after meeting the principal. Telephonic message stating that the student is ill is not a valid
eason to extend their leave. If they fall sick, they are to be brought to this hospital.

All student are expected to comply with rules and regulations of the school of nursing, hostel and hospital. Soon after admission the students are introduced to the theory and Art of Nursing. The work of a nurse demands heavy responsibility for the welfare of the patients entrusted to her care. The essential qualities are the concern for others, dedication to the service of the patients, high standard of character, honesty, reliability and compassion. She should also possess ability to study the theory and learn the practical side of nursing. Those who fall short of these essential qualities may be asked to withdraw from the training.

RULES AND REGULATIONS OF THE HOSTEL

1. Students are responsible for the care of furniture, personal things and for the cleanliness of their own rooms and common rooms, bath rooms, toilets and wash rooms.
2. Wake up bell will be rung at 5 a.m. Day shift students should be considerate of the night shift students during the day time. The students who do night duty must take rest from 9 a.m. to 1 p.m. and 6 p.m. to 9 p.m. No outing is allowed after doing night duty.
3. All lights must be switched off by 10:30 p.m.
4. Students should check that all lights and fans are switched off when they leave the room.
5. Ironing the cloth or cooking is not allowed in the living rooms.
6. Students are urged to keep all their valuables and jewellery at home. If there is any damage or loss of the same, the authorities will not be responsible.
7. Students are not allowed to take food, glasses, dishes and furniture out side the dinning room without the permission of the warden.
8. Students are responsible to keep the uniform neat. Full uniform should be worn. Jewellery such as ear rings, bangles and rings are not allowed with uniform or the painted nails. No one should sleep in uniform which is to be worn in the patient care area.
9. No student will be allowed to leave the hostel when she avails of an overnight or late night pass unless her parent/guardian comes to fetch her. The photograph of parents/guardians is required to be submitted to the warden at the time of admission.
10. If a student exceeds the sanctioned leave without a genuine reason, the absentee has to make up for the lost time.
11. Students are allowed to have visitors on the first Sunday of the month for 4 hours (11 a.m. to 3 p.m. for the students who do evening duty and 1 p.m. to 5 p.m. for the students who do morning duty) Students must inform their visitors not to visit them during duty or class hours.
12. Visiting the hospital during off duty is forbidden.
13. Students are expected to go to the hospital in uniform only.
14. Students shall not visit staff nurses rooms nor are they allowed to have staff nurses in their rooms. Junior students need not visit senior students' room.

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but you have to start to be great"

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